



MY GIRL

Choreographed by Sabine Stalder & Alice Berini

Description: 32 Counts, 2 Walls, Improver Linedance, 1 Restart		
Music: My Girl by Michael Bolton (available on iTunes)		
Count In: 16 counts from start of the track		
Video: YouTube		
Section	Footwork	Facing
1	Side Behind Side, Heel, Hold, Ball Cross And Cross Side, Behind Side Cross	
1 - 2	Step L to left side, step R behind L	12:00
& 3 - 4	Step L to left side, tap R heel to R diagonal, hold	12:00
& 5 - 6	Step down on R, cross L over R, step R to right side	12:00
7 & 8	Step L behind R, step R to right side, cross L over R	12:00
2	Step, Lock Step, Step Lock Step, Step, Lock Step, Step Lock Step	
1 - 2 &	Step R forward to R diagonal, lock L behind R, step R forward to R diagonal	13:00
3 & 4	Step L forward to L diagonal, lock R behind L, step L forward to L diagonal	13:00
5 - 6 &	Step R forward to R diagonal, lock L behind R, step R forward to R diagonal	11:00
7 & 8	Step L forward to L diagonal, lock R behind L, step L forward to L diagonal	11:00
Restart	Restart dance on 5th wall and replace the last step forward with a touch L beside R	
3	Rock Step, Back, Drag, Side, Touch, Triple ½ Turn	
1 - 2	Step R forward, recover on L	12:00
3 - 4	Step R back, drag L towards R	12:00
& 5 - 6	Step down on L, step R to right side, touch L beside R	12:00
7 & 8	½ turn L stepping L, R, L	06:00
4	Spiral Full Turn, Rock Step, Coaster Step, Out Out And Touch	
1 - 2	Step R forward, spiral full turn L	06:00
3 - 4	Step L forward, Recover on R	06:00
5 & 6	Step back on L, step R beside L, step forward on L	06:00
& 7 & 8	Step R in R diagonal, step L in L diagonal, step R back, touch L beside R	06:00