



RESTLESS MAN

Choreographed by Alice Berini & Sabine Stalder

| Description: | 64 Counts, 2 Walls, Nightclub 2 Step Advanced Linedance | |
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| Music: | Restless Man by Radio Company (available on iTunes) | |
| Count In: | 8 counts from start of the track | |
| Section | Footwork | Facing |
| 1 | Rock Step, Step Full Spiral, Forward, ¼ Turn Basic R 5/8 Turn, Walks, Rock | |
| 1 – 2 & | Rock R back, recover on L, step R forward | 12:00 |
| 3 – 4 | Turn full Spiral left weight on R, step L forward | 12:00 |
| 5 – 6 & | ¼ turn left step R to right side, step L next to R, cross R over L | 09:00 |
| 7 | Step L to left side and turn 5/8 right on ball of L | 04:30 |
| 8 & 1 | Step R forward, step L forward, Rock R forward | 04:30 |
| 2 | Recover, Back, Back, Sweep, Back, Sweep, ½ Turn, Side, 3/8 Turn, Forward, ¾ Sweep Turn, Cross | |
| 2 & 3 | Recover on L, step R back, step L back sweep R from front to back | 04:30 |
| 4 – 5 | Step R back sweep L from front to back, ½ turn left step L to left diagonal | 10:30 |
| 6 – 7 | 3/8 turn right step R forward, ¾ turn right on ball of R as you sweep L | 12:00 |
| 8 | Cross L over R | 12:00 |
| 3 | ½ Diamond, Sways, Hitch ¼ Turn, Cross | |
| 1 – 2 & | Step R to right side, 1/8 turn left step L back, step R back | 10:30 |
| 3 – 4 & | 1/8 turn left step L to left side, 1/8 turn left step R forward, step L forward | 07:30 |
| 5 – 6 | 1/8 turn left step R to right side and sway, sway left weight on L | 06:00 |
| 7 – 8 | Step on R hitching L knee and ¼ turn right, cross L over R | 09:00 |
| 4 | Basic R, ¼ turn, Back, Back, ¼ Turn, ¼ Turn, ½ Turn, ½ Tur, Step, ¼ Turn, Cross | |
| 1 – 2 & | Step R to right side, step L next to R, cross R over L | 09:00 |
| 3 – 4 & | ¼ turn right step L back, step R back, step L back | 12:00 |
| 5 – 6 | ¼ turn right rock R to right side, ¼ turn left step L forward | 12:00 |
| 7 & | ½ turn left step R back, ½ turn left step L forward | 12:00 |
| 8 & 1 | Step R forward, ¼ turn left weight on L, cross R over L | 09:00 |
| 5 | ¼ Turn, ¼ Turn, Cross Rock Step, ¼ Turn, 7/8 Spral, Walks, Step, ½ Turn | |
| 2 & 3 | ¼ turn right step L back, ¼ turn right step R to right side, cross rock L over R | 03:00 |
| 4 & 5 | Recover on R, ¼ turn left step L forward, step R forward turn 7/8 spiral left | 01:30 |
| 6 & 7 | Step L forward to right diagonal, step R forward, step L forward | 01:30 |
| 8 – 1 | Step R forward, ½ turn left weight on L | 07:30 |



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| 6 | Unwind Full Turn, Cross, Basic L, ½ Turn Back, Curving, Step Sweep x 3 | |
| 2 & | Unwind full turn right weight on L, cross R over L | 09:00 |
| 3 – 4 & | Step L to left side, step R next to L, cross L over R | 09:00 |
| 5 – 6 & | ½ turn left step R back, 1/2 turn left stepping L, R, curving, like half a circle | 09:00 |
| 7, 8 – 1 | ¼ turn left step L forward sweep R from back to front, step R forward sweep L from back to front, step L forward sweep R from back to front | 06:00 |
| 7 | Rock Step, ½ Turn, ½ Turn, ½ Turn, Sweep, Weave, Sweep, Behind, Side, Forward | |
| 2 & 3 | Rock R forward, recover on L, ½ turn right step R forward | 12:00 |
| 4 & 5 | ½ turn right step L back, ½ turn right step R forward, sweep L from back to front | 12:00 |
| 6 & 7 | Cross L over R, step R to right side, cross L behind R sweep R from front to back | 12:00 |
| 8 & 1 | Cross R behind L, step L to left side, step R forward | 12:00 |
| 8 | ½ Turn, Spiral Turn, Step Sweep x 3, Rock Step, ½ Turn, ½ Turn | |
| 2 & 3 | ½ turn left weight on L, step R forward and turn full spiral left, step L forward sweep R from back to front | 06:00 |
| 4 - 5 | Step R forward sweep L from back to front, step L forward sweep R from back to front | 06:00 |
| 6 & | Rock R forward, recover on L | 06:00 |
| 7 - 8 | ½ turn right step R forward, ½ turn right step L back | 06:00 |