



MY RULES

Choreographed by **Sabine Stalder & Alice Berini**

Description: 44 Counts, 4 Walls, Intermediate Linedance, 1 Tag, 4 Restarts		
Music: The House Rules by Christian Kane (available on iTunes)		
Count In: 16 counts from where the beat kicks in, start on vocals		
Video: YouTube		
Section	Footwork	Facing
1	4x walk back with toe fans, coaster step, step 1/2 turn with sweep	
1 - 4	Step back R as your left toe fans out to L, step back L as your right toe fans out to right, step back R as your left toe fans out to L, step back L as your right toe fans out to R	12:00
5 & 6	Step back R, step L together, step forward on R	12:00
7 – 8 &	Step forward on L, 1/2 turn left as you sweep R from back to front and touch R next to L	06:00
2	Syncopated weave with 1/4 turn R, 1/2 turn L, step side & drag, toe fan R, step behind, side	
1 - 2	Step R to right side, step L behind R	06:00
& 3 - 4	1/4 turn right stepping forward on R, step forward on L, 1/2 turn L closing R to L	09:00
5 - 6	R big step to right side, drag L to R	03:00
& 7 & 8	Step ball of L behind R, R toe fans out to right side, step R behind L, step L to left side	03:00
3	Turning hip bumps x2, kick ball rock step, step back & drag	
1 - 4	1/4 turn to left touching R to right side bump hips to right, 1/4 turn left stepping back on L, 1/4 turn left touching L to left side bump hips to left, 1/4 turn left stepping forward on L	03:00
5 & 6 &	Kick R forward, step down on ball of R beside L, rock forward L, recover on to R	03:00
7 - 8	Step big Step L back, drag R to L	03:00
4	Ball Change, 1/2 turn R, 1/2 turn L with swivels, coaster step, hitch side bump	
& 1 - 2	Step ball of R beside L, step L forward, 1/2 turn right	09:00
3 & 4	1/2 turn left swivel heels right, center, right (on wall 5 after swivels, step L beside R adding a & count and restart the dance)	03:00
7 - 8	Hitch R knee, step R to right side as you bump hip to right side (on wall 3, 2 count tag and restart the dance)	03:00



5	1/4 turn R, 3/4 turn R, step side, full turn R, back & drag, rock step	
& 1 - 2	1/4 turn right stepping L to left side, cross R behind L, unwind 3/4 turn to right	03:00
& 3 - 4	Step L to left side, cross R behind L, unwind full turn right	03:00
5 - 6	Big step back on L, drag R to L	03:00
7 - 8	Rock back on to R, recover on to L (restart the dance here on wall 2 & 6)	03:00
6	Full turn, platform spin, rock step	
1 - 2	1/2 turn left step back on R, 1/2 turn left step forward on L	03:00
3	Platform spin left close R to L, weight stays on L	03:00
4 &	Rock R forward, recover to L	03:00
	Tag On wall 3 you have a 2 count tag: Dance up to count 32 and add a hip roll anti clock wise for 2 counts, Weight ends on left foot, restart the dance.	