



YOU LIGHT UP MY LIFE

Choreographed by Alice Berini & Sabine Stalder

Description: 48 Counts, 4 Walls, Intermediate Waltz Linedance, 2 Restarts		
Music: You Light Up My Life by Whitney Houston (available on iTunes)		
Count In: 18 counts from start of track		
Video:		
Section	Footwork	Facing
1	Basic ½ Turn, Step Back, ½ Turn, Sweep ½ Turn	
1 - 2 - 3	Step L forward, ½ turn left step R back, Step L back	06:00
4 - 5 - 6	Step R back, ½ turn left step L forward, ½ turn left sweep R from back to front	06:00
2	Basic ½ Turn, Step Back, ¼ Turn, Cross Left, ¾ Turn Right	
1 - 2 - 3	Step R forward, ½ turn right step L back, step R back	12:00
4 - 5 & 6	Step L back, ¼ turn right step R to right side, cross L over R, ¾ turn right weight L	12:00
3	Step Full Spiral Turn, Basic ½ Turn	
1 - 2 - 3	Step on R, turn full spiral turn left over 2 counts weight on R	12:00
4 - 5 - 6	Step L diagonal forward, ½ turn left step R back, step L back	10:30
4	Heel Turn Left, Check Left	
1 & 2 & 3	Step R back, step L next to R, ½ turn left on heels, shift weight on balls of feet, step R forward	10:30
4 - 5 - 6	Cross rock L over R, recover R, step L diagonal back	10:30
5	Back Twinkle, Back Twinkle ½ Turn	
1 - 2 - 3	Cross R over L, step L to diagonal side, step R to diagonal side	10:30
4 - 5 - 6	Cross L over R, step R to right side, ½ turn left step L to left side	04:30
6	Diamond Fall Away	
1 - 2 - 3	Step R forward diagonal, 1/8 turn right step L to left side, 1/8 turn right step R back	07:30
4 - 5 - 6	Step L back, 1/8 turn right step R to right side, step L forward	09:00
7	Basic ½ Turn, Syncopated ½ Turn	
1 - 2 - 3	Step R forward, ½ turn right step L back, step R back	03:00
4 & 5 - 6	Step L back, ½ turn right step R forward, step L forward, ½ turn right weight R Restart the dance here on Walls 2 and 4	03:00
8	Step Left Full Turn Left, ½ Turn Left, Lock, Unwind ½ Turn	
1 - 2 - 3	Step L forward, ½ turn left step R back, ½ turn left step L forward	03:00
4 - 5 - 6	½ turn left step R back, lock L behind R, unwind ½ turn left weight to R	03:00